

Meghan Markle and Michelle Obama- how did they endure their lives in the spotlight?

Task 1.

Answer the questions below:

- How do you think it feels to be one of the most prominent and famous women in the country?
- What the former First Lady Michelle Obama and The Duchess of Sussex Meghan Markle have in common?
- Do you know [why Meghan and Harry stepped back](#) as working members of the Royal Family? What do you think could be a reason?
- Do you think that Michelle Obama and her family run their normal lives back again as before becoming the President's Family?
- Would you give up your current life in order to become a Royal Family member if you had a chance?

Task 2.

Watch the [interview](#) with Michelle Obama and say if the sentences below are true or false.



- | | |
|---|---------------------|
| 1. There is an elevator that takes you up to your room. | True/ False |
| 2. All food in the White House is complimentary. | True/ False |
| 3. At any time of the day or night, you can ask for refreshments. | True/ False |
| 4. You can't invite your friends over. | True/ False |
| 5. They asked the staff to stop wearing tuxedos. | True/ False |
| 6. The White House is always filled with people. | True/ False |

Task 3.

Watch the [video](#) with Meghan Markle and answer the questions below:



1. What is the biggest struggle of Meghan and Harry?
the biggest struggle is with the attention they get a day in day out from the tabloid press
2. How did Meghan's friends warn her?
They said that the British tabloids will destroy their life
3. What affects Harry's mental health?
the relationship with his brother, the loss of his mum, the pressure of protecting his family and criticism, rumours that are untrue
4. What does Meghan mean by saying "I really tried to adapt to this British sensibility of a stiff upper lip"?
she is talking about the way British people behave, especially the Royal Family. People who are stiff upper lip don't show their feelings and emotions. Apparently it was hard for her to hide her feelings.

Task 4. (recommended as homework)

Watch the [video](#) and write down all the rules that the members of the Royal Family have to follow:



- | | |
|-------------------------------------|-------------------------------|
| 1. no selfies | 6. neutral nails only |
| 2. no shellfish | 7. follow the Queen |
| 3. must always carry a black attire | 8. the way of wearing a tiara |
| 4. no social media accounts | 9. no monopoly |
| 5. no voting | 10. pinkies down |

The rules she has already broken:

- | | |
|-------------------------|-----------------------------|
| 1. no pantyhose | 4. PDA is her thing |
| 2. she is divorced | 5. she talks about politics |
| 3. talking to the press | |

Task 5. (recommended as homework)

Read this part of the [article](#) and fill in the gaps with the given words:

look up, end, exit, defined, bar, partly, impact x2, highlighting, legacy, public, nation, manner, office, role, inspiring

“I see Michelle Obama as someone who’s **inspiring**, someone who has set the **bar** really high,” said Jefferson County District Court Judge Shera Craig Grant. “Someone who is a consummate professional and is so inspiring to women all around the world ... she’s not just **defined** by being the First Lady.”

“One would be hard-pressed to say she has not had a positive **impact** on girls of all races,” said attorney Doug Jones of Jones & Hawley P.C. and former U.S. Attorney for the Northern District of Alabama. “I think girls everywhere should **look up** to her and say, ‘We can be there. We can do that.’ I think at the **end** of the day, that’s what you want [in a **role** model], and she certainly has provided that to young girls in this country.”

First Lady Obama’s **impact** on education, health, **public** service, and numerous other areas has been felt across the **nation**.

“She’s done a marvellous job of **highlighting** a variety of issues, and she’s done so with an impressive level of class,” said Larry Powell, a University of Alabama at Birmingham (UAB) communications professor who is also an expert on polling, political communications, and political ads. “It’s **partly** because she’s been highly visible on a variety of issues, and she’s done so in such a **manner** that it looks unselfish. It looks like the issue is more important than she is. That’s a hard thing to pull off.”

On Jan. 20, 2017, President Barack Hussein Obama II will end his second term as 44th President of the United States. And he and his family—wife Michelle and daughters Malia and Sasha—will **exit** the White House, eight years after Barack made history as the first African-American to hold the nation’s highest **office**.

The president shaped a **legacy** during his two terms as president—and the same can be said for Michelle Obama as the first lady, according to Birmingham-area residents interviewed this month.

Extra Task.

If you are in possession of a Newsweek Learning English Magazine 2/2019 with Michelle Obama on the cover then you can also read the article and watch the video on pages 31-33.

New words: