

Winter Olympics 2022

A lesson based on [The Guardian Article](#) and [YouTube video](#).

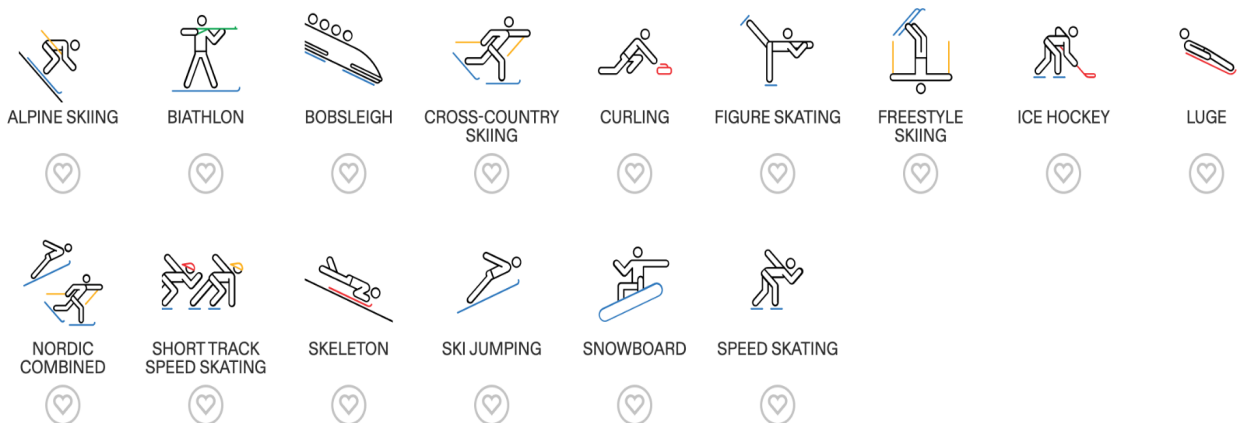
TASK 1. Discuss the questions:

1. Do you follow the Winter Olympics? Why?
2. Do you know what games are in Winter Olympics Sports? Or how many? - **15**
3. Do you know how long it lasts? - **17 days**
4. Do you know anybody who participated in the Winter Olympics?

TASK 2. Now look at the Winter Olympic sports and read them out loud. Do you know all of them? Which ones are new for you?

WINTER OLYMPIC SPORTS

ALL OLYMPIC GAMES **OLYMPIC WINTER GAMES** YOUTH OLYMPIC GAMES PARALYMPIC GAMES



TASK 2.1 Translate the sports below:

Saneczkarstwo	
Bobsleje	
łyżwiarstwo szybkie	
łyżwiarstwo figurowe	
Narciarstwo alpejskie	
Narciarstwo dowolne	
Narciarstwo biegowe	
Kombinacja norweska	
Curling	
Skeleton (rodzaj saneczkarstwa)	
Short track (łyżwiarstwo szybkie na torze krótkim)	
Hokej na lodzie	
Biatlon (dwubój zimowy)	
Skoki narciarskie	
Snowboard	

TASK 3. Try to figure out what is that sport by its definition:

1. **BIATHLON** is a winter sport that **combines** cross-country skiing and **rifle shooting**. It is treated as a race, with contestants skiing through a cross-country **trail** whose distance is divided into shooting rounds. The shooting rounds are not timed per se, but depending on the competition, missed shots result in extra distance or time being added to the **contestant's** total.
2. **LUGE** is a winter sport featured at the Winter Olympic Games where a competitor or two-person team **rides a flat sled** while lying **supine** (face up) and feet first. The sport is usually contested on a specially designed **ice track** that allows **gravity** to increase the **sled's** speed. The winner normally completes the **route** with the fastest overall time.
3. **SKELETON** is a winter **sliding** sport in which a person rides a small **sled**, known as a skeleton **bobsled** (or -sleigh), **down a frozen track** while lying face down and head-first. The sport and the sled may have been named from the bony appearance of the sled.
4. **NORDIC COMBINED** is a winter sport in which athletes compete in cross-country skiing and ski jumping.
5. **CURLING** is a team sport, played on ice, where two teams take it **in turns** to **slide stones** made of **granite** towards a **target** – known as a House. It is an Olympic and Paralympic winter sport with medal disciplines for Women's, Men's, Mixed Doubles and mixed Wheelchair teams.

6. **CROSS-COUNTRY SKIING** It's a sport in which athletes compete in long-distance races in the snow, wearing skis and using **ski poles** to **propel** them across the mostly **flat terrain**. It has been on the Winter Olympics program since 1924 in Chamonix, France.
7. **BOBSLEIGH** is an event in the Winter Olympic Games where a two- or four-person team drives a specially designed **sled** down an **ice track**, with the winning team completing the route with the fastest time.

TASK 4. Read two snippets from the [article](#) and try to figure out what a “quad” is. Then you can proceed to the next exercise.

*However, if there is a lasting requiem to these Games, it was soundtracked by Kirill Richter's enchanting melody *In Memoriam*, the music to which the 15-year-old skater Kamila Valieva leapt and spun, performing the first **quad** in Olympic history during the team event.*

*She was not the only extraordinary story that night. The runner-up, Alexandra Trusova, performed five **quads** but still lost to another Russian, Anna Shcherbakova. "I hate skating. I hate it. I hate this sport," she shouted afterwards. "I will never go out on the ice again!" It made Tonya and Nancy look tame.*

TASK 5. Watch the video and answer the questions:

1. What is a quad jump?
- **it's a head spinning feat / it's achieved when a figure skater jumps and spins in the air four times.**
2. When and how did Nathan Chen set a new record?
- **at the 2018 Winter Olympics by doing six quadruple jumps**
3. What is the rotational speed when pulling off a quad?
- **almost 500 rpm**
4. James Richards told Scientific American in 2014 that he believes that quad may be the **physical limit** of what is possible in terms of figure skating jumps.
5. In **quadruple jump** you are landing with seven times your body weight.
6. Despite the fact that men have historically led the way on quadruple jumps, women seem **to be taking the reins** at the 2022 Winter Olympics in Beijing.
7. But despite the one **flub**, she earned her team gold.
8. The expectation that the women who are winning medals will have, at a minimum, one quad, is a little bit **unfathomable**.
9. The first **attempt made by** a woman was in 1990 by Surya Bonaly.
10. She later stated that the quad for her was **no big deal**, and that she saw it as a natural progression from single, double, and triple jumps.

TASK 6. Read the [article](#) and say if the sentences are true or false:

1. The Winter Olympics was held in Sochi. **FALSE**
2. Kamila Valieva performed the first quad in Olympic history during the team event. **TRUE**
3. She failed a drug test for the banned heart medication TMZ. **TRUE**
4. When she left the ice rink her coach Eteri Tutberidze immediately cheered her up. **FALSE**
5. They say Kamila must have acquired the drugs by herself. **FALSE**
6. Valieva will compete in the next Winter Olympics. **FALSE**
7. Mac Cobb who has been a part of every Olympic Winter Games said he has never witnessed so many doping scandals before. **FALSE**
8. These Games will also linger in the memory because of the extraordinary closed-loop system, which didn't allow the athletes, officials and journalists any interaction with mainland China. **TRUE**
9. More than 1.8m tests were taken during the Games. **TRUE**
10. China ended these Games second in the table with 15 medals, including nine golds. **FALSE**

TASK 7. Translate the words below (some of them are from the article and others from task 3):

- **trail**- szlak
- **sled**- sanki
- **ski poles**- kijki narciarskie
- **combine**- łączyć ze sobą
- **rifle**- strzelba (*zwróć uwagę na wymowę!*)
- **contestant**- zawodnik
- **supine**- na plecach, twarzą w górę
- **ice track**- tor saneczkowy/ lodowy
- **sliding**- ślizganie
- **in turns**- na zmianę
- **granite**- granit
- **propel**- napędzać, popychać do przodu
- **flat terrain**- płaski teren
- **quadruple**- poczwórny
- **take the reins**- chwycić wodzy, przejąć stery (kontrolę) - idiom
- **flub**- wtopa, gafa
- **unfathomable**- niezbadany, niezgłębiony
- **attempt**- próba
- **spare a thought for**- pomyśleć o kimś/ czymś
- **lash out at sb**- wydrzeć się na kogoś/ naskoczyć na kogoś
- **fall apart**- rozpadać się
- **upbeat**- wesoły, podnoszący na duchu, optymistyczny
- **outstanding**- wyróżniający się, wybitny
- **magnificent**- wspaniały
- **enchanted**- uroczy, czarujący
- **leap**- skakać
- **vilify**- poniżać
- **another twist of the knife**- na dobiecie/ pogorszenie, jakby tego było mało
- **compelling**- przykuwający uwagę, interesujący
- **appalling**- przerażający, okropny
- **discombobulated**- wprowadzający w osłupienie
- **acquire**- nabywać, zdobywać, uzyskać
- **immensely**- ogromnie, niezmiernie
- **suffocating**- duszący
- **linger**- trwać, utrzymywać się